



Lauren Finkbeiner
Director, People Operations
HR Business Partner
2150 Post Road, Suite 301
Fairfield, CT 06824
203-418-9028
lfinkbeiner@hjsims.com



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Lauren's focus is simple: making HJ Sims a great place to work through compassionate benefit programs, employee recognition, career path coaching, training and development.

With a career that spans several industries, including architecture and public relations, Lauren served as the HR Manager for the New York office for Perkins + Will, an award-winning global design firm with more than 2,000 employees.

Lauren graduated from Eastern Connecticut State University with a degree in Communications, and holds a Human Resources Management Certificate from Cornell University.